

שבת שלום

Building On Our Legacy

August 26-27, 2016

23 Av 5776

Parashat Eikev

Etz Hayim pp. 1037-1053

Shabbat Shalom

Beth El-Norwalk



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Service Times

- * Monday-Friday: 8:00AM
- * Friday Shabbat Evening: 6:30PM
- * Shabbat Morning: 9:30AM
- * Sunday Morning services can be scheduled by request.
Please speak to Rabbi Paskind at least a week in advance.
- * Major Secular Holidays: 9:00AM

Beth El-Norwalk

109 East Avenue, Norwalk, CT 06851

(203) 838-2710 or office@congbethel.org

www.congbethel.org

WEEKLY TORAH

Parashat Eikev continues the speeches of Moses to the Israelites. He tells them that, if they maintain their covenant with God by observing all the commandments, God will make them fruitful and victorious over their enemies. Reminding them of their forty years of wandering through the wilderness, Moses tells them: "God subjected you to the hardship of hunger... then gave you manna... in order to teach you that human beings do not live on bread alone..." He then warns them that after settling in their land and enjoying its fruits, they should not arrogantly assume: "My own power and the might of my own hand have won this wealth for me." Nor, continues Moses, should they conclude that it is for their virtue that God allows them to defeat their enemies and conquer their land. Rather, it is punishment of the inhabitants for idolatry, and it is God's fulfillment of the covenant made with Abraham, Isaac, and Jacob. Moses recalls the disloyalty of the people; how they built the golden calf when he was receiving the Ten Commandments on Mount Horeb; how they rebelled at Kadesh-barnea; and how he intervened with God to save them, granting them another set of the tablets on which the Ten Commandments were engraved. Moses recounts the death and burial of Aaron. He also tells the people that God wants them to "cut away the thickening about their hearts," observe the commandments, and learn from their history how God freed them from Egyptian slavery and led them through the desert. If you keep the commandments, Moses promises, God will dislodge all nations before you. No one will stand before your power.

From: A Torah Commentary for Our Times by Harvey J. Fields

THE WEEK AHEAD

Friday, Aug 26, 6:30pm Kabbalat Shabbat Service, 7:17pm Candlelighting

Saturday, Aug 27, Shabbat Mevarchim, 9:30am Shabbat Service

Sunday, Aug 28, 11:00am Craft & Kosher BBQ Fair (Beth El Fairfield)

Monday, Aug 29, Dining for Dollars at Bertucci - Darien

Wednesday, Aug 31, 9:30am Watermelon Wednesday (last one)

Friday, Sept 2, 6:30pm Kabbalat Shabbat Service, 7:05pm Candlelighting

Saturday, Sept 3, Rosh Chodesh Elul, 9:30am Shabbat Service

Sunday, Sept 4, Rosh Chodesh Elul

Monday, Sept 5, Labor Day, Office Closed

Join us for morning minyan Monday-Friday at 8:00am, unless posted

BIMAH OFFICERS AND SHABBAT GREETERS

Shabbat Morning Bimah Officer, 8/27 –

Shabbat Morning Greeters, 8/27 – Harry Morgenthaler

Shabbat Morning Bimah Officer, 9/3 – Sharon DeFala

Shabbat Morning Greeters, 9/3 – Sharon Rosen

LIFE CYCLE

Refuah Shleimah to Ellen Gordon

Condolences to Jill & Josh Lander and family on the death of Jill's father Arthur Ross Colborne.

FAIRFIELD CRAFT & KOSHER BBQ FAIR

August 28, 11:00am – 5:00pm (Beth El Folks will meet up at 12:00pm at the BBQ)
RSVP to the Office by August 26th

WATERMELON WEDNESDAY

LAST ONE!!! Wednesday in August 31, **9:30am–10:00am**

Open to anyone with kids age 5 & under. Music & watermelon with Morah Amy and Rabbi Paskind.



MUSICAL KABBALAT SHABBAT

Musical Kabbalat Shabbat is HERE - every Friday through Sept 2!

NITZAN NURSERY SCHOOL

Monday, Aug 29 – Dining for Dollars at Bertucci's in Darien

Coupons needed & can be used all day. Nitzan families please come from 4:00pm-6:00pm. There will be vegetarian options.

Pick up coupons in the Office, from Morah Amy or print them off the website.



FALL MITZVAH PROJECT

September 12-23rd

Please bring in new school supplies to be donated to Mercy Learning Center (Bridgeport).



MERCY
LEARNING
CENTER

Baby and Me COMING THIS FALL!

Every Thursday of the month from 9:30am-10:30am.

Classes begin September 22nd. Please join us and meet

other caregivers with young children (ages birth – 2 years) and help your child begin socializing with others.



NAVASKY

Wanted: Teen volunteers (Grades 8-12) to help with High Holiday youth activities. Please contact Al Treidel at treidad@aol.com or 203.838.2710. Mr. Treidel will be happy to sign off on community service hours.

Time to register your youngster in Navasky Explorers: Contact Al Treidel for more information!

K'tanim (3's/4's meets monthly), **K-Grade 2** (meets Sunday mornings), **Grades 3-7** (meets Tuesdays & Sundays) and **8th Grade Program** (meets 1 Sunday a month plus Community Service work)

SOUP KITCHEN

Next Soup Kitchen date is September 8th.

EDUCATION, CLASSES, LEARNING

Sept 6, 9:00am – Mishnah Class, **4:15pm** – Navasky First Day

Sept 7, 9:00am – Nitzan First Day

Sept 18, 1:00pm – College Bound Workshop for Grades 9-12. Free to Beth El families

UPCOMING EVENTS

Sept 8, 7:30pm – Rosh Chodesh Book Club, The Nightingale (Kristin Hannah)
Sept 11, 10:30am – Knit n' Nosh, **12:30pm** – Six13 Performance (CBE Fairfield)
Sept 15, 7:00pm – Cooking with Cecily Gans

SEPTEMBER EVENTS

More details to come

Sept 17 & 23 – Mahzor Lev Shalem High Holiday Teaching
(with Rabbi Paskind)

Sept 20, 7:30pm – The Gershon D. Cohen Memorial Lecture:
The Blessing of Assimilation – Then and Now, Livestream at Beth El

Sept 22, 9:30am – Baby & Me Class begins (every Thursday of
the month!)

Sept 23, 7:00pm – Membership Dinner with Musical Kabbalat Shabbat
(Westville Kosher Market catering)

Sept 23 – JFS Kosher Food Drive Pantry Drop-off Deadline (for the food that will
be delivered to those in need before the holidays)

Sept 24, 8:30pm – Selichot Program & Service at Temple Beth El Stamford



WE ARE ON AmazonSmile!

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Once you sign-up (or login), you just need to choose Congregation Beth El of Norwalk as the charitable organization you wish to support.

SPONSOR A KIDDUSH OR ONEG

Sponsoring a Kiddush just got easier! Celebrate a simcha: a birthday, special event or anniversary. \$180 covers the cost of a regular Shabbat Kiddush. To sponsor the Friday night Oneg, \$36 covers all. Celebrate with the community!

Yahrzeit/Memorial Plaques

FEEL THE CONNECTION (L'DOR V'DOR)

Feel" your loved ones' presence each time you come to Shul. See their plaques lit up on their Yahrzeits and the High Holidays. Call Ellen Gordon, 03.847.3559 or email the Office for info.

GIFT SHOP

The Gift Shop is open 9:30am-12:00pm every Sunday Navasky is in session. When Navasky's closed, contact Nancy Oberst or Hilary Shaefitz.

FOOD and GIFT CERTIFICATES

Don't forget to buy your Food and Gift Cards! To order, call the synagogue, 203.838.2710.

